



ACTIVE SYNERGIES

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GET FIT



FEEL GOOD



MAKE FRIENDS

ABOUT OUR CLASSES

Join a personal trainer for a fun fitness and wellbeing program aimed at the 50+ and the young at heart!

Cost: \$6 per session
or \$5 when booking full term

Vacancies on Wednesdays 9am



WOODCROFT
MORPHETT VALE
NEIGHBOURHOOD CENTRE



START TODAY

Woodcroft Morphet Vale Neighbourhood Centre
175 Bains Road Morphet Vale SA 5162
www.wmvnc.org.au
8384 0070

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