

Centre Hirers

Yoga with Eleanor

Monday

10am - 11am

Contact: Eleanor 0431 874 643
email: eleanorellis1@outlook.com

Weight Watchers

Monday evenings & Saturday Mornings
go to: weightwatchers.com/au/find-a-workshop/
or Phone: 13 19 97

German Speaking Aged Services

Tuesday & Friday
10am - 2pm

Little Picassos

Various times, Tues & Sat
Art classes for children 5 - 15years
Contact: Janine 0408 769 667
email: littlepicassos@optusnet.com.au

Confetti Dance

8.30am - 11.30am

Saturday

18 mths to 8yrs

Contact: 0421 980 590
info@confettidance.com.au

"Whats The Buzz" Program

School Term Only

Thursday 3.45pm - 5.30pm

8-17year olds

Contact: Serenity Social & Support Services
08 6186 0083
admin@serenitysupport.com.au

Chair Yoga & Meditation

10 -11am Wednesdays

Cost: \$12

Facilitator: Linda Botting

Contact: wholistic@outlook.com.au

Bookings: <https://liveansholisticlife.com/services/>

Our Services

Justice of the Peace

** Call prior to attending for JP availability**

Tuesday/Wednesday/Friday

9am - 1.30pm

Thursday

10am - 1pm

Immunisation Services

Tuesdays

9.30am-12.30pm

2.00pm-4.30pm

(open during school holidays)

Thursdays

3.00pm-6.00pm* (school term only)

*depending on library opening hours.

8384 0666 or

immunisation@onkaparinga.sa.gov.au

Tag & Testing

First Monday of the month in term time.

9.30am - 12pm

Bookings required

Gold coin donation.

CONTACT US



175 Bains Road, Morphett Vale, SA, 5162



8384 0070



www.wmvnc.org.au



info@wmvnc.org.au

Course Program



Woodcroft Morphett Vale Neighbourhood Centre



CITY OF
ONKAPARINGA

A place for everyone

Free

MONDAY

****Heart Foundation Walking Group****

9am - 9.45am

Contact Jean 0408 088 978 or Anthony 0411 093 853

Meet in the carpark behind Fasta Pasta,
CNR Pimpala & South Roads, Reynella

****Community Breakfast****

8.30am - 9.30am for Service

3rd Monday of the Month. Bookings preferred

Cost: \$6 or \$4 for under 8yrs

****Play group****

10am - 11.30am

Activities, singing & fun. Please bring a piece of fruit

Bookings essential

Cost: \$3 per child/max \$5 per family

TUESDAY

****Active Synergies****

9am - 10am

Join a personal trainer for a fun fitness and
well-being program aimed at the 50+ and the young at heart.

Cost: \$6

****Everyday English****

9.30am - 11.30am

We have a welcoming group of volunteer tutors who can help you
with reading, writing, math and technology

Cost: \$5

****Leatherwork****

9.30am - 12pm

All materials and tools provided for a beginner project

Cost: \$5

****Community Garden****

9.30am - 11am

Volunteers welcome, sign up and enjoy working in the garden.

Free

****Woodcroft Writers****

12.30 pm - 3pm

Friendly group of local writers gather to share, discuss and
encourage writing.

www.woodcroftwriters.wordpress.com

Cost: \$5

****Canasta****

1.30pm - 3.30pm 1st & 3rd Tuesday of month

Play or learn to play canasta

Cost: \$5

WEDNESDAY

****Cafe 175****

10.30am - 2pm

Lunch special of the day. cake and tea/coffee
Home cooked meals, different special each week.

Enquire at reception

Cost: \$8

****UP-Cycle Boutique****

10.30am - 2pm

Quality pre-loved clothing at very reasonable prices

****Playgroup****

10am - 11.30am

Activities, singing & fun. Please bring a piece of fruit

Bookings essential

Cost: \$3 per child/max \$5 per family

****Women and Wellbeing****

10am fortnightly

Outings, activities, timeout. Contact: Cynthia 8384 2294

Cost: \$6

****Southern Mens Chat Group****

10.30am - 12.30pm

Informal chat and outings. Contact: Ian 0414 869 514

ianmatthews34@yahoo.com

Cost: \$5

****Behind the Seams****

1pm - 3pm

Our Volunteers will assist you with our sewing machines

Cost: \$3

****Computers with Stan****

12.30pm or 1.30pm

one on one computer/microsoft office training.

Booking essential

****P.A.L.S. Kids Club****

3.30pm - 5.15pm

Cost: Gold coin donation

****Beginners Watercolour and Acrylics class****

7th Feb for 8 weeks

Wednesdays 1pm - 3pm

Bring your own materials. \$5 per class. Bookings essential
via Humantix. Contact Helena Foll 0401310874

THURSDAY

****Heart Foundation Walking Group****

9am - 9.45am

Contact Jean 0408 088 978 or

Anthony 0411 093 853

Meet in carpark behind Fasta Pasta, CNR Pimpala & South
Roads, Reynella

Free

****Active Synergies****

9am - 10am

Join a personal trainer for a fun Fitness and Well-being
program aimed at the 50+ and the young at heart.

Cost: \$6

****Community Garden****

9.30am - 11am

Volunteers welcome, sign up and enjoy working in the garden

Free

****Senior Social****

10am - 12noon

3rd Thursday of the month

Cost: \$5 (unless specified otherwise)

****The Community kitchen****

12.30 2nd and 4th Thursdays

2 course meal, menu is subject to change

Cost: \$10

****Computers with Stan****

12.30pm or 1.30pm

one on one computer/microsoft office training.

Booking essential

FRIDAY

****Garden Club****

10am - 12pm 1st Friday of month

Group of friendly people who love gardening

Cost: \$5

****Sit & Stitch****

10am - 2pm

29th January - 12th April

Cost \$5

SATURDAY

****Dungeons, Dragons & Dice****

1pm - 6pm

Fortnightly

D3 runs regular games of Dungeons and Dragons 5th edition
visitors are always welcome. 15+

hiddenmist.courtney@gmail.com

Cost: \$5